

November, 2017  
Amended Proposal  
Original Proposal submitted August, 2017

**New Program Proposal: Substance Use Disorder Counseling Program  
Leading to Licensure as a Licensed Chemical Dependency Counselor II or III**

**Submitted by the Department of Counseling in the College of Arts and Sciences**

This proposal outlines a five-course program in substance use disorder counseling. This program is intended for graduate and undergraduates and for community members who seek licensure as chemical dependency counselors.

Ohio and the nation as a whole have been severely impacted by an epidemic of people using various illegal and harmful substances. At the present time, it is estimated that drug overdoses in the United States exceeded 59,000 in 2016. This was an increase of 19% over the 52,420 recorded in 2015. The death toll is expected to continue to rise during 2017.

While there is a great need for additional licensed chemical dependency counselors to assist with treating those impacted by the drug epidemic that has plagued Northeast Ohio, the Alcohol Drug and Mental Health Services Board of Cuyahoga County has stated that there is a shortage of substance use disorder counselors. The lack of appropriately trained counselors led the federal government to offer grants for the preparation of substance use disorder counselors. In September of 2017, John Carroll was notified that it had received a Health Resource Services Administration (HRSA) grant for 1.3 million dollars to be used over the next four years. Although these funds are allocated for graduate students enrolled in a master's program, the awarding of a grant indicates the strength of John Carroll's program.

The proposed program would prepare counselors to respond to this national health emergency by gaining licensure as LCDC II, LCDC III or LICDC. (See Appendix A for a description of these licenses.)

**1. Broad Description and Purpose of Program**

- Contributions to the Student Experience  
This program will allow interested students to develop an area of expertise that leads to licensure in Ohio. In addition, the knowledge and skills acquired by this course of study may supplement the knowledge gained in a major field of study. For instance, students seeking entry into the medical or dental professions will have already developed expertise in an area directly related to their future

profession. Students studying psychology will find direct application of what they have studied to a pressing psychological problem confronting many who seek psychological services. Students studying for careers in business, especially work in human resources, will have acquired a body of knowledge that will allow them to function in a more informed manner when working with impaired workers. Finally, many students have a personal interest in understanding the causes of addiction and in supporting those struggling to manage addictive disorders.

- Strengthening the Academic Mission of the University

This program would strengthen the academic mission of the university by:

- Enhancing students' knowledge about substance abuse treatment – fulfilling the mission statement goal of “excelling in learning.”
- Providing students with an opportunity to serve others –fulfilling the mission statement goal of “service in the region and in the world.”
- Serving members of the community who desire additional training— fulfilling the mission goal of “offering its facilities and personnel to the Greater Cleveland community.”

- Enhancing the University's Ability to Attract Students

- This program will serve not only present John Carroll undergraduates; it will also attract to the campus individuals seeking licensure as chemical dependency counselors. (See Appendix A)
- Individuals with an Associate's degree in the behavioral science or nursing would be able to take the classes and become eligible to receive licensure as Licensed Chemical Dependency Counselor II. (See Appendix B for an enhanced explanation.) It would be our goal to use the opportunity of having these students on campus to encourage them to enroll at JCU to complete their undergraduate degree.
- Individuals with a Bachelor's degree would be able to take the classes and also gain eligibility for licensure. (See Appendix B for an enhanced explanation.) Our goal with these students would be to encourage them to apply for admission into the clinical mental health counseling program.
- Individuals already possessing a Master's degree in the human services could take the classes in order to gain licensure as a Licensed Independent Chemical Dependency Counselor. It would be our hope to continue to support these students' professional development by offering CEU workshops for them.

- Prevalence of Comparable Programs

Cleveland State University offers essentially the same program that we are attempting to put in place. This should not discourage our attempts to offer this program. Unless we stay competitive in this manner, we will lose students.

- **Relationship Between Proposed Program and Existing Programs**  
There are no current undergraduate programs that lead to licensure and cover the material that will be covered in these courses. The Department of Psychology has offered some special topic classes in the field of addiction. This program would complement the classes offered by the Department of Psychology

## **2. Program Curriculum**

- **Program Requirements**  
The State of Ohio Chemical Dependency Professionals Board stipulates topics which must be covered by the program's curriculum. (See Appendix A and C.)

This program consists of five courses. Three of the courses already exist at the graduate level: Addiction Knowledge (CG 514), Treatment Knowledge (CG 515), and Service Coordination & Documentation (CG 516). These courses, following a pattern established by other programs, would be cross-listed graduate/undergraduate (Appendix D)

Two additional courses would need to be added to the curriculum: Individual & Group Counseling for Addictive Disorders (CG 417/517) and Field Experience in Addictive Disorders (CG 418/518).

In order to distinguish between graduate and undergraduate credit, students enrolled for graduate credit would be required to complete an instructor approved research paper or project.

- **Program Learning Goals**  
The program learning goals are outlined by the state of Ohio through the Ohio Chemical Dependency Professionals Board.

Succinctly stated, there are four main goals:

- **Goal 1: Addiction Knowledge**  
Students will acquire comprehensive knowledge about the various substances which lead to substance use disorders. This will include a review of the biology and neuroscience of addiction; the terminology used for various illicit drugs; the process of addiction; an overview of treatment; the epidemiology of substance use disorders and diagnostic criteria for substance use disorders.
- **Goal 2: Treatment Knowledge**  
Students will learn the 12-core functions of a substance abuse counselor; the principles of effective treatment; and how to complete a substance abuse assessment.
- **Goal 3: Service Coordination & Documentation Knowledge & Skills**

Students will learn the basic principles of case management; how to develop effective service plans, including locating community resources for clients; and how to maintain adequate records and needed documentation.

- Goal 4: Clinical Knowledge & Skills

Students will practice what they have learned in the classroom via role-playing and in the field through a field placement. Clinical skills to be developed include basic motivational interviewing, group counseling for substance users, family counseling and basic individual counseling for substance abuse.

- Rational for Program Requirements

These are the standards that must be met in order for a student to apply for licensure through the Ohio Chemical Dependency Professionals Board.

- Course Descriptions

CG 514/414. ADDICTION KNOWLEDGE FOR CHEMICAL DEPENDENCY & ADDICTIVE DISORDERS 3 cr. This course will cover substances of abuse and their effects on the processes of body and brain. Students will learn how to screen and assess for substance use disorder including withdrawal. Included in the curriculum is information on the current medical and pharmacological resources used in the treatment of substance use disorders. Students will learn the history of alcohol and drug enforcement and addictions treatment policies in the U.S. This course also instructs students in the biopsychosocial, cultural, and spiritual factors related to addiction. Finally, this course addresses both the models and the theories of addiction and prevention strategies, including epidemiology of substance use disorders and diagnostic criteria for substance use disorders.

CG 515/415 TREATMENT KNOWLEDGE FOR CHEMICAL DEPENDENCY & ADDICTIVE DISORDERS 3 cr. Prerequisite: CG 514/414. In this course, students will learn how to complete a comprehensive substance abuse assessment, including screening for co-occurring disorders. The principles of effective treatment, models of treatment, recovery, relapse prevention and continuing care for addiction clients will be taught. Students will learn how to assess for levels of institutional care, including admission, continued stay, and discharge. Students will learn historic and evidence-based treatment approaches, including how to assess for the client's stage of change and how to develop interventions matched with the client's change process. Finally, students will learn how to develop and implement treatment plans.

CG 516/416. SERVICE COORDINATION AND DOCUMENTATION FOR CHEMICAL DEPENDENCY AND ADDICTIVE DISORDERS 3 cr.

Prerequisites: CG 515/415. This course will teach how to assess a client’s ongoing needs beyond formal treatment, including the client’s recovery process. Students will learn interdisciplinary approaches to addiction treatment, including the counselor’s role in the interdisciplinary team. This course will cover the referral processes and case management responsibilities, including relapse prevention and discharge planning. Students will learn community sober supports and relationship building. This course will cover appropriateness of treatment to client needs, characteristics, goals, and financial resources, helping strategies and the engagement of clients. Family and other support-system engagement will be addressed, including family counseling. Students will learn research evaluation, including how to document all aspects of the treatment process. Students will learn the fundamental components of treatment records and the legal aspects of regulating client treatment.

CG 517/417. GROUP & INDIVIDUAL COUNSELING FOR CHEMICAL DEPENDENCY AND ADDICTIVE DISORDERS 3 cr. Prerequisites: CG 516/416. This course will teach the basic theories and techniques of group and individual counseling for chemical dependency and addictive disorders. Particular attention will be paid to the role of the family in treatment; managing group interactions; and the ethics of group and individual counseling. Students will participate in small group interactions, role-play counseling sessions, and attend 12-step groups in Northeast Ohio.

CG 518/418. FIELD EXPERIENCE IN CHEMICAL DEPENDENCY AND ADDICTIVE DISORDERS 3 cr. Prerequisites: CG 517/417. Students will be placed in the community under the supervision of a licensed chemical dependency counselor with the goal of completing a 220-hour field experience. During this placement, students will also meet as a class with a John Carroll instructor. The field experience is a capstone course in the preparation of students to act effectively as either a Licensed Chemical Dependency Counselor II or a Licensed Chemical Dependency Counselor III.

- Sequencing of Courses

<b>Fall</b>	<b>Spring</b>	<b>Summer</b>
CG 414/514	CG 415/515	CG 414/514
CG 415/515	CG 416/516	CG 416/516
	CG 417/517	CG 418/518
	CG 418/518	

The sequence of courses above is when we plan to offer the five needed courses.

We are also considering implementing a model that would have courses offered in a hybrid or fully online format with intensive meetings on Saturday. This model could attract more participants from outside the John Carroll community.

- **List of Courses to be Developed Including Timetable for Development**  
Three of the courses are currently offered and so have already been developed. The fourth and fifth courses would need to be developed. These courses can be developed as soon as January of 2018 (see Table above, page 5), and we would like to begin marketing this program as soon as it is approved.
- **Mechanism for Approving New Courses**  
The course syllabi will be created by Dr. Martina Moore, Coordinator, Substance Use Disorders Concentration in collaboration with other members of the department. Dr. Nathan Gehlert, project director on the HRSA grant, and Dr. Cecile Brennan will work with Dr. Moore in creating the syllabi. Dr. Moore will then present the syllabi to the Department of Counseling for review, possible revision, and final approval. Much of the content of the syllabi is stipulated by the state of Ohio requirements and so the construction of the courses is guided by the need to meet those guidelines.
- **Evidence of Sufficient Faculty**  
Dr. Martina Moore, Coordinator of the Substance Use Disorders Concentration, is available to teach the courses required for this program. In addition to Dr. Moore, Dr. Brennan is prepared to teach CG 514 and CG 518; Dr. Gehlert is prepared to teach CG 518, and Ms. Tanya Middleton, a doctoral student and licensed independent chemical dependency counselor, is ready and willing to teach in the program as needed as an adjunct instructor.

### **3. Organization and Administration of Program**

- **Responsibilities of Program Director**  
Dr. Martina Moore will be the program director. She will be assisted by Amy Zucca, Department of Counseling Administrative Assistant. Dr. Moore will consult with undergraduate advising and the departments of Biology, Psychology and Sociology & Criminology about recruiting undergraduate students to the program. These are not the only departments the program may attract students from, but they are three cognate disciplines and a good place to start. She will also work with both Ms. Zucca and Graduate Admissions to recruit individuals from outside John Carroll with bachelor's degrees who desire licensure. The Department of Counseling faculty will be available to assist her with these duties.
- **Recommended Line of Reporting**  
The Program Director (Dr. Moore) will report to the chair of the Department of Counseling.

### **4. Implementation Timetable**

Since the first three courses are already being offered, the program could be implemented immediately; we would like to begin advertising in Spring 2018.

## 5. Assessment

### ▪ Student Learning Outcomes-Program Level

Students completing the program will be able to:

- Assess individuals for substance use disorders;
- Diagnose substance use disorders;
- Recommend proper level of care for client placement to treatment;
- Implement a treatment plan tailored to the individual and his/her family;
- Employ a variety of modalities and techniques when working with individuals and families impacted by substance abuse;
- Plan and implement a comprehensive program of recovery for individuals with substance use disorders.

### ▪ Student Learning Outcomes – Course Level

- CG 514 Addiction Knowledge -- Students will be able to:
  - Name and describe the major types of legal and illegal substances that can be abused;
  - Distinguish among the various substance abuse disorder diagnoses;
  - Describe the current medical and pharmacological resources used in the treatment of substance use disorders;
  - Summarize the history of substance abuse and the laws governing illegal substance use;
  - Discern among the various treatment models and theories in order to select the best approach for a particular individual.
- CG 515: Treatment Knowledge – Students will be able to:
  - Conduct a comprehensive substance abuse assessment, including screening for co-occurring disorders;
  - Diagnose substance use disorder
  - Assess for levels of institutional care, including admission, continued stay, and discharge;
  - Develop and implement treatment plans.
- CG 516: Service Coordination and Documentation– Students will be able to:
  - Assess a client’s ongoing needs beyond formal treatment, including the client’s recovery process;
  - Manage the referral processes and case management responsibilities, including relapse prevention and discharge planning;
  - Incorporate an interdisciplinary approach to addiction treatment and participate on an interdisciplinary treatment team
  - Implement a comprehensive program of record-keeping and documentation.
- CG 517: Group & Individual Counseling— Students will be able to:
  - Select among various theories and techniques to choose effective approaches for individual and group counseling;
  - Evaluate the role of the family in impacting treatment;
  - Describe the process of individual and group counseling for substance use disorders;
  - Outline the basic tenets of 12-step groups;

- Incorporate ethical and legal principles when implementing individual or group counseling;
- CG 518: Field Experience—Students will be able to:
  - Assess individuals for readiness to change;
  - Create a comprehensive treatment plan;
  - Implement a counseling approach which accounts for the role of family dynamics;
  - Manage group interactions in order to achieve therapeutic goals;
  - Complete all needed documentation;
  - Evaluate their interventions in the light of the Ohio Code of Ethics for Chemical Dependency Counselors (Ohio Administrative Code 4758-8-01).
- Anticipated Methods of Assessment  
Students will be assessed in a number of different ways. Assessment will include:
  - Tests; Written assignments; Role-plays; Case analysis, Treatment plans; Observation of counseling practice; Site-supervisor evaluations.
- Indicators of Program Success  
The program will be deemed a success when the following have occurred:
  - Enrollment is sufficient to offer at least one of the five courses each semester;
  - Individuals from outside the John Carroll student community enroll in the courses;
  - Students complete the program and successfully pass the licensing examination.

## 6. Anticipated Budget

- Description of Expenses  
The Department of Counseling does not anticipate any additional expenses needed to initiate this program.
- Description of Ongoing Expenses  
The only new expense may be the need to hire additional adjunct faculty if the program is so successful multiple sections of courses need to be offered.
- Expected Revenue  
Expected revenue, beyond what is expected from already enrolled students completing an undergraduate program, would come from individuals outside John Carroll. This revenue may come from high school students attracted to John Carroll at least in part because of this program. In addition, if we are able to market this program to those outside of the student community—professionals in the field of counseling and others interested in attaining licensure—we could see a significant increase in revenue. How great the increase will be depends on our ability to effectively market and competitively price the program for those who do not desire college credit.



